

Mental Health Resources

Meegwetch to B’saanibamaadsiwin Native Mental Health for preparing and sharing:

The following list of private practitioners is provided solely as a convenience to you. We are unable to vouch for the qualifications, competency or ethics of any of those listed and assume no responsibility for

their work. We encourage you to be a cautious consumer and to evaluate these issues for yourself. (Please note, our staff are not allowed to see someone privately who is registered as a client of the agency.)

The list may, at any time, be out-of-date and/or incomplete. While we try to delete those we know to have stopped practicing and add those new private practitioners we become aware of, we cannot guarantee that the list is current or comprehensive.

BRACEBRIDGE AREA

<p>Karen Hood-Caddy, B.A. Psych.</p> <p>“Holistic” approach – mental, physical, spiritual, psychotherapy, body work massage, meditation.</p>	<p>(705) 645-8371</p>
<p>Mitchell Beube, M.S.W.</p> <p>Marital, family and individual counselling, specializing in family violence and spousal abuse issues</p>	<p>(705) 645-1671</p>
<p>Mediation Muskoka Bracebridge</p>	<p>(705) 644-9413</p>
<p>Inner Work, Clendon Wooldridge, M.A. (in counselling), Diane Wooldridge, BA, MA</p> <p>Men’s groups, individual counselling</p>	<p>(705) 645-3831</p>
<p>Hope Counselling Services, Ms. Jody Kilpatrick, Licensed Life Coach</p>	<p>(705) 645-3371</p>
<p>Maria Duncalf</p> <p>Individuals, couples, families, and women’s empowerment groups</p>	<p>(705) 646-2565</p>
<p>Twist Counselling and Family Mediation Services John Twist, M.Ed., M.Div.</p>	<p>(705)-684-8725 jtwistassoc@sympatico.ca</p>
<p>Ian MacKenzie Registered Psychological Associate</p> <p>Post-traumatic stress disorder, social anxiety disorders</p>	<p>(705)-687-1740</p>

Heather McFadyen, BA Long and short term counselling for individuals; specialty: trauma counselling	(705) 205-0305
Alf Davis, MBA, M.Div Certified Marriage and Family Therapist; sliding scale according to ability to pay	(705) 645-6953
John Bredin, BA. CTSS Short term trauma/grief counseling, victims of crime, Critical Incident Stress Management (CISM)	(705) 646-1358

BAYSVILLE AREA

Mary Shirley, M.A. (psychology) Specialty in women and men survivors of childhood sexual abuse. Jungian dream analysis.	(705) 767-2151
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HUNTSVILLE AREA

Angela Jackson, M.S. Psych. “Holistic” counsellor body and breath work addiction counselling, anger management	(705) 385-3416 or (416) 259-3365
Shelley C. Taylor, B.A., M.A. Psych Adult A.D.H.D., Women’s Issues, Depression/Anxiety, Self-esteem issues	(705) 787-7272
Dr. Carol Parrott, PhD, C.Psych Psychoeducational and cognitive functioning for children 6 years and up, psychodiagnostic assessments for adults, cognitive function and neuropsychological screening for adults, individual psychotherapy, couples counselling, groups	(705) 787-1589
Jim McKinnon, B.A. (Hon), M.A., M. Div. Finding Answers: Counselling Solutions	(705) 380-6595 or (705) 635-9607

Richard Henry R.S.W. Individual (16 and over) and marital counselling: therapy for depression and anxiety: job and life stress reduction Evening appointments available	705-788-7895 Fax: 705-788-0494
Linda Drennan MA, Psych Psychotherapy/counselling for individuals	(705)783-0366
Dr. Diane Munro	(705) 788-3565
Peter Gelderbloem—M. Div., RMFT Counselling for anxiety, depression, marital, family, anger management and conflict resolution.	(705) 789-1832
David Zielonko-M.Div.	(705) 788-2539
Cathy Ann Maindonald, M. Div., C.A. C.P.T. E.M.D.R., grief, self-esteem, trauma, abuse, child therapy, relationships	(705) 788-0813
Brian Maxwell Marriage and Family Therapist	(705) 789-3171

PARRY SOUND AREA

Marian Beauregard, PhD, Talking It Out Family mediation, psychotherapy, psychometrics	(705) 746-9789
Anne Hoelscher, M.S.W., R.S.W Individual, marital, mental health issues, addiction issues, grief, assessment and consultation services	(705)-746-7440

Aboriginal Resources

If you require assistance please contact
Faith Peghamagabow or Anita
Tabobondung at the Health Station.

<p>Enhaatig Healing Lodge and Learning Centre</p> <p>4184 Vasey Road, RR #1 Victoria Harbour, ON email: admin@enaatig.ca website: www.enaatig.ca</p>	(705) 534-3724
<p>Enhaatig Healing Lodge</p> <p>North 490A Hwy 607 A Box 7 Alban, Ontario email: pm@enaatig.ca</p> <p>Enhaatig provides programs and services that are traditionally focussed, holistic, and guided by an “Aboriginal Psychology”</p>	(705) 857-3818
<p>Anishinabie Naadmagi Substance Abuse Centre</p> <p>Blind River, ON</p> <p>Substance Abuse Programs</p>	1-877-356-1681
<p>Biidaaban Healing Lodge Inc.</p> <p>Heron Bay, ON</p> <p>Grief & Abandonment Programs</p>	1-888-432-7102
<p>Kiikeewannikaan South West Healing Lodge</p> <p>Muncey ON</p> <p>Family Healing Program</p>	1-800-328-2616
<p>Ngwaagan Gaming Recovery Centre Inc. (Rainbow Lodge),</p> <p>Wikwemikong, ON</p> <p>Recovery Program</p>	1-877-649-2242
<p>Native Horizons Treatment Centre</p> <p>Hagersville, ON</p> <p>Family Programs</p>	1-877-330-8467
<p>Onen’to:kon Treatment Services, Kanasatake, QC</p> <p>Treatment Programs</p>	1-450-479-8353